

Summer  
2019



# Ebb & Flow

## Health & Human Services Tidings

### Recent Memos to Providers

**May 8** - Increase in Measles Cases in the US: The CDC reports the greatest number of cases reported in the US since measles was declared eliminated in 2000. North Carolina Public Health guidance included recommendations in order to rapidly identify measles cases and control the spread of infection.

**March 8** - US Measles Total Climbs to 206 Cases: The CDC in conjunction with NC Public Health released information regarding a recent increase in the number of measles cases nationwide. The guidance stressed the importance of discussing MMR vaccine with parents, ensuring patients are up to date on the MMR vaccine, and considering measles in patients expressing symptoms.

**Are you receiving our Blast Faxes?** If not, please contact Kelly Nettin at 252.475.5036 or kelly.nettin@darenc.com to update your contact information. Blast Faxes are also available on our website. Visit [darenc.com/providers](http://darenc.com/providers) to see all recent information pertinent to our medical community.

### Special Medical Needs Registry

Dare County has a significant population with "special needs", normally defined as "...individuals who would need assistance with medical care or personal care during evacuations and sheltering because of physical or mental impairments". Special consideration must be given to this population's needs during an emergency.

Please remind any of your patients that may be considered to have "special needs" to participate in the voluntary Special Medical Needs Registry. They can do so by calling our Social Services Division at 252.475.5500 or visiting [darenc.com/specialmedicalneeds](http://darenc.com/specialmedicalneeds) to download or fill out the form online.

### Basic Life Saving (BLS) for Healthcare Providers

As an American Heart Association (AHA) training site, we are proud to offer a variety of certification courses. We offer more formal courses for health

care providers as well as informal courses for individuals who want to learn skills for use in non-professional settings. Our next BLS course for

Healthcare Providers is being held September 6, 2019 from 9:00 am until 12:00 pm. Visit [www.darenc.com/cpr](http://www.darenc.com/cpr) today to register!

### Mosquitos & Your Patients

We have information available to you and your patients on Preventing Illness from Bites and Zika Virus Prevention. Our Preventing Illness from Bites publication is a wallet card that provides information on protection, tick and mosquito borne illnesses, how to keep mosquitos and ticks away, and how to remove a tick. Our Zika Virus Prevention rack card is a great tool, especially for patients that are expecting to provide education and prevention measures. Both cards are based off of the CDC recommendations, and it is a great tool that patients

can take with them to remind them of mosquitos, ticks and Zika Virus prevention measures. If you would like a supply of either or both cards, please contact our Communications Specialist, Kelly Nettin, at 252.475.5036 or [kelly.nettin@darenc.com](mailto:kelly.nettin@darenc.com)

### Save the Date

September 13-15, 2019  
Charity Classic Tennis Tournament  
Benefits Dare Hospice  
Contact Sonja Ballance at 252.475.5028

### Diabetes Prevention Program class Begins in September

If you have patients identified as pre-diabetic, refer them to our FREE upcoming diabetes prevention class. The class helps patients learn about

making lasting lifestyle changes and supports them through the change with the goal of preventing the onset of type 2 diabetes. You or your patient can

contact Alex Bastchelet at 252.475.5069 for more information or to reserve a spot. The class will begin Wednesday September 4, 2019 at the Outer Banks

Hospital in Nags Head. The class lasts an hour and will be hosted after regular business hours, to better accommodate those who work.

## Reported Communicable Diseases in Dare County

	Q1 2019	April 2019	May 2019	June 2019
Aids	0	0	0	0
Campylobacter	2	0	0	0
Chlamydia	19	4	7	12
E.Coli (shiga toxin producing)	0	0	0	0
Erlchiosis HGC	0	0	0	0
Gonorrhea	4	0	0	1
Group A Streptococcus	1	0	0	0
Haemophilus influenzae	0	0	0	1
Hepatitis C - chronic	13	0	0	0
HIV	0	0	0	0
Influenza, adult death	1	0	0	0
Lyme disease	0	0	1	0
Meningitis	0	0	0	0
Mumps	0	0	0	0
NGU	0	0	0	0
Rocky Mtn Spotted Fever (probable)	0	0	0	0
Salmonellosis	0	0	6	1
Shigellosis	0	0	0	0
Syphilis	2	0	2	0
TB	0	1*	0	0
Vibrio vulnificus	0	0	0	0

\* indicates suspected case

## Communicable Disease Reports

Physicians, school administrators and child care operators, medical facilities and operators of restaurants and other food or drink establishments (G.S. § 130A-135 through 130A-139) must report cases or suspected cases of reportable diseases to their local health department, which in turn reports this information to the N.C. Division of Public Health (NCDPH) (G.S. § 103A-140). Laboratories may report to the local health department, except in the case of syphilis results, which the laboratories must report directly to the Communicable Disease Branch or the nearest regional office (10A NCAC 41A .0102). In North Carolina, hospital emergency department visits also are reported to the NCDPH, which in turn provides the data, as authorized by North Carolina law and in accordance with HIPAA regulations, to the CDC (G.S. § 130A-480). Healthcare-associated infections (HAIs) are reported directly by healthcare facilities to the CDC's National Healthcare Safety Network (NHSN), which then provides the data to N.C. DPH. Reportable diseases are monitored by DPH's Communicable Disease Surveillance Unit (CDSU) and Medical Consultation Unit (MCU).



### County of Dare

**Department of Health & Human Services**  
 PO Box 669 | Manteo, NC 27954  
 Health 252.475.5003 | Social Services 252.475.5500  
 Veterans Services 252.475.5604 | [darenc.com/hhs](http://darenc.com/hhs)

Ebb & Flow, is a quarterly newsletter for local healthcare providers. Our goal is to share pertinent and current information with you. If you have any suggestions for topics to be covered, please contact:

**Kelly Nettin, Communications Specialist**  
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**After Hours  
 Nights &  
 Weekends  
 252.473.3444**