

# DARE TO SCARE 5K



## & SWEET TREAT FUN RUN

# Saturday, October 28, 2023 Volunteer Registration Form

### Packet Pick Up

4:00-6:00 p.m. Friday, October 27, Dare County Center  
8:30-9:30 a.m. Saturday, October 28, Dare County Center

### Late Registration

4:00-6:00 p.m. Friday, October 27, Dare County Center  
7:00-7:45 a.m. Saturday, October 28, Coastal Studies Institute

### Race Day Schedule

7:00-7:45 a.m. Shuttle transportation from DCC to CSI  
8:00 a.m. 5K Race begins  
9:00 a.m. Fun Run begins

### Complimentary Shirt (choose one)

Adult:  S  M  L  XL  2X  3X  
 I already have a shirt from a previous year

### Mandatory Volunteer Meeting

Thursday, October 26, 2023 at 6:00 p.m. In-Person & Zoom

### Volunteer Assignments:

Choose two (2) preferences

- |   |   |
|---|---|
| <input type="checkbox"/> Signs/Banners                            | <input type="checkbox"/> Merchandise Table                    |
| <input type="checkbox"/> Course Set-Up                            | <input type="checkbox"/> Race Leader or Sweeper               |
| <input type="checkbox"/> Registration                             | <input type="checkbox"/> Water Station and Water Distribution |
| <input type="checkbox"/> T-Shirt & Swag Bag Set-Up & Distribution | <input type="checkbox"/> Medal Distribution                   |
| <input type="checkbox"/> Parking                                  | <input type="checkbox"/> Run Monitor                          |
| <input type="checkbox"/> Shuttle                                  | <input type="checkbox"/> Course Communication (Ham Radio)     |
| <input type="checkbox"/> Pre-Race Photo Area                      | <input type="checkbox"/> Clean-Up                             |
| <input type="checkbox"/> Event Photographer/Videographer          | <input type="checkbox"/> None                                 |

*\*Note: Volunteer assignment is not guaranteed based on preference*

Volunteer forms may be mailed, hand delivered, faxed or sent through Dare County inter-office mail. Mail to: Dare County Center, Jackie Frappier, P.O. Box 1000, Manteo, NC 27954. Fax to: 252-475-9278. Form must be returned by October 1, 2023. All volunteers are required to fill out a Dare County Center Volunteer Application that requires a background check.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

DOB \_\_\_\_\_ Gender:  Male  Female Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Allergies and/or Medical or Physical Condition:  Yes  No Please List: \_\_\_\_\_

**\*WAIVER** I know that participating in the Dare County Center Dare to Scare 5K and Sweet Treat Fun Run is a potentially hazardous activity. By signing this agreement I affirm and acknowledge that the participant names above has been fully informed of any inherent hazards and risks associated with the activity in which the participant is about to engage or with the use of the Dare County Center; either consulted a physician, who has given the opinion that the participant's physical condition allows participation without likely adverse consequences, or the participant has elected not to contact a physician. I should not enter and participate in this activity unless I am physically and mentally able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with participating in the Dare County Center Dare to Scare 5K and Sweet Treat Fun Run, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road and trail, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I, for myself and anyone entitled to act in my behalf to waive and release any and all claims based upon negligence, active or passive, with the exception of intentional, wanton, or willful misconduct that I may have in the future against all of the following herein referred to as releasees: Dare County, the Dare County Center, Dare County Parks & Recreation, GO FAR Inc., OBX GO FAR program, GO FAR coaches, race officials, volunteers, all municipal agencies whose property and/or personnel are used and all other sponsoring or co-sponsoring companies or individuals, their representatives and successors related to Dare County from all claims of liabilities of any kind arising out of my participation in this event, (even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver). I hereby release, indemnify, and hold harmless Dare County, its officers and directors, employees, representatives, agents, program coordinators, volunteers, promoters, sponsors, vehicles and equipment, any municipalities or other public entities, from and against any and all claims or causes of action that the participant or the participants estate, heirs, executors, or assigns may have for personal injury, property damage, or wrongful death arising from the above activities whether caused by active or passive negligence of the releasees or otherwise, with the exception of gross negligence. By executing this document I and the participant agree to hold the releasees harmless and indemnify them in conjunction with any injury or loss of life that may occur as a result of engaging in the activity including the training program and the subsequent 5K road and trail race. I grant permission to all of the foregoing to use any photographs, videos, recordings, interviews, writings or any other record of this event for any legitimate purpose may be used by the Dare County Center or media partner approved by the Dare County Center for informational, news, current events, publicity or any other purposes which are legal and approved by Dare County. I have been given a copy of the Dare County Center Code of Conduct; and, the participant understands and will abide by the Dare County Center Code of Conduct at all times. NOTE: IF PARTICIPANT IS UNDER AGE 18: this is to certify that I am the legal guardian of the participant, and the participant has my permission to participate in the Dare County Center Dare to Scare 5K and Sweet Treat Fun Run, is in good physical condition and that race officials have my permission to authorize emergency treatment if necessary.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*If participant is under 18, a parent or guardian must sign\*